

FRPMC HOLDS ITS FIRST CONVOCATION

The first convocation of Fazaia Ruth Pfau Medical College (FRPMC) was held on 27 May 2025 at PAF Base Faisal, Karachi.

Air Marshal (R) Zafar Mirza, HI(M) graced the occasion as the Chief Guest and the Vice Chancellor, Air University, Air Marshal (R) Abdul Moeed Khan, HI(M), was the guest of Honour at this occasion.



Addressing the audience, Chief guest congratulated the graduating students and their parents on this historic milestone. He emphasized the need for young doctors to uphold the highest standards of professionalism and dedicate themselves to serving humanity with compassion. Vice Chancellor, AU conferred degrees among the graduates. He emphasized the graduates to carry the values of Pakistan Air force while serving the people of Pakistan.



The highlight of the event was the recognition of Hira Altaf as the Best Graduate, she received an outstanding 11 gold medals for her exceptional performance throughout the five years of study.

The convocation was attended by high-ranking air force officials, faculty of medical colleges, along with the parents of graduating students.



Prof. Masood Ahmed, Principal FRPMC, earlier welcomed the audience and lauded the efforts of faculty and students in making this achievement possible.

FRPMC COLLABORATES TO HOST UPCOMING PUGA CONFERENCE

Fazaia Ruth Pfau Medical College will be co-hosting the 4th International Biennial Conference of Urogynaecology with the Pakistan Urogynaecologist Association (PUGA) from 21st to 23rd November 2025.



PUGA
Pakistan Urogynaecologists Association

Themed "The Concept of Pelviperrineology in Urogynaecology: Explaining Pelvic Floor Disorder", the conference will provide a platform for specialists, researchers, and healthcare professionals to share insights, discuss latest advancements, and explore multidisciplinary approaches in addressing pelvic floor disorders.

SPORTS AND SOCIAL WEEK 2025 HELD AT FRPMC

SANIA SAEED, NOOR UL HUDA SHAH & YOUNUS KHAN INSPIRE STUDENTS

The Social and Literary Week 2025 at Fazaia Ruth Pfau Medical College (FRPMC) was held in the second week of August, featuring a vibrant series of events including a Talent Show, Mushaira, Face to Face session, Food Stalls, and Costume & Color Day.

The Talent Show featured skits, songs, and creative advertisements full of humor, artistry, and expression.



The highlight of the week was a Face-to-Face session featuring renowned guests, legendary actress Sania Saeed, acclaimed writer Noor ul Huda Shah, and cricket icon Younus Khan. Engaging with the hosts and audience, they shared personal stories, offered thoughtful advice, and inspired the youth to follow their passions with commitment and integrity.

The Mushaira was presided over by Haider Hasnain Jaleesi and hosted by Janab Khalid Meer. The Mushaira featured captivating poetry of Ammar Iqbal, Naeem Sameer, Angila Hameesh, Dr. Salman Sarwat, and Wajeh Sani, while the evening reached its peak with the witty and humorous poetry of Haider Hasnain Jaleesi, whose satire left

the entire audience thoroughly entertained. Students also recited their own poetry, earning appreciation from the audience. The best student poets were announced and acknowledged by the presiding poet and the distinguished panel.



FRPMC'S ANNUAL SPORTS GALA 2025 OPENS WITH ENTHUSIASM



The Annual Sports Gala of Fazaia Ruth Pfau Medical College (FRPMC) held from July 28 to August 1, 2025, with spirited participation from students across all five years.

The event was inaugurated in the college courtyard by the Principal, Prof. Masood Ahmed.

Competitions included races, volleyball, cricket, chess, table tennis, and badminton. Despite the hot weather, students demonstrated patience and resilience, participating wholeheartedly and enjoying the games to their fullest.



The closing ceremony held on 4th of August 2025, where faculty distributed gold, silver, and bronze medals to the winners and runners-up.

INDEPENDENCE DAY CELEBRATIONS AT FRPMC

FRPMC students and faculty celebrated Pakistan's 78th Independence Day on 14th August 2025 with great spirit. Students and faculty joined together in singing national and patriotic songs, while the auditorium came alive with green and white colors, creating a festive atmosphere and boosting the celebratory vibes.



WORLD ASTHMA DAY OBSERVED AT FRPMC

The Department of Pulmonology, Fazaia Ruth Pfau Medical College (FRPMC), organized an awareness program on World Asthma Day, May 19, 2025. The event featured an informative Continuing Medical Education (CME) session on asthma, followed by a community awareness walk.

The activity aimed to educate healthcare professionals and the public about asthma prevention, management, and the importance of early diagnosis, reinforcing FRPMC's commitment to promoting respiratory health.



FRPMC STUDENTS VOLUNTEER IN HEPATITIS AWARENESS DRIVE FOR HEMOPHILIA PATIENTS

In a commendable collaborative initiative, the Pakistan Society for the Study of Liver Diseases (PSSLD) and the Hemophilia Welfare Society organized a hepatitis awareness and screening campaign at Abbasi Shaheed Hospital, focusing on the vulnerable hemophilic patient population. The event was held on Saturday, 26th July, 2025, and featured an informative awareness session on hepatitis prevention and management, followed by free screening and vaccination services for attendees.

Volunteer students from the Final Year MBBS class of Fazaia Ruth Pfau Medical College actively participated in this community welfare activity by helping organize the event, guiding patients, and assisting medical teams. The experience gave them valuable exposure to public health outreach and reinforced the importance of preventive care in vulnerable populations.



MRCOG-3 MOCK EXAM CONDUCTED AT FRPMC

The Department of Obstetrics and Gynecology, FRPMC, in collaboration with Med Exam Expert, organized the MRCOG-3 Mock Examination on 8th May 2025.

Held under the supervision of Prof. Rozina Mustafa, Head of Obstetrics and Gynecology, the session provided postgraduate candidates with a valuable practice platform for the Membership of the Royal College of Obstetricians and Gynaecologists (MRCOG) Part 3 examination. A panel of 15 examiners from various institutions of Karachi provided expert feedback to the candidates.



FRPMC HOSTS CME ON BRIDGING GAPS IN ADHD CARE

The Departments of Psychiatry and Pediatrics at Fazaia Ruth Pfau Medical College (FRPMC) organized a CME session titled "Bridging Gaps in ADHD Care: A Multidisciplinary Approach" on 22 July 2025 in the FRPMC auditorium.

The keynote speaker, Dr. Raman Kumar, a distinguished pediatric neurologist from LNH, emphasized the importance of collaborative strategies in addressing ADHD—echoing wider consensus that a multidisciplinary approach is key to improving recognition, management, and long-term outcomes for patients with ADHD.



PAKISTAN SOCIETY OF ANESTHESIA HOLDS PRE-CONFERENCE WORKSHOP AT FRPMC

Fazaia Ruth Pfau Medical College (FRPMC) hosted a pre-conference Hands-on Workshop on Basic & Advanced Airway Management on 9 May 2025, led by Prof. Zahid Rao. The session provided practical training in essential airway management techniques as part of the build-up. Postgraduate residents and Junior specialist from various institutions attended the workshop.



FRPMC ORGANIZED AN EXPERT SESSION, ON LIVER DISEASES IN PREGNANCY

The Department of Gastroenterology, FRPMC, organized a session on "Landscape of liver diseases in pregnancy: A clinical perspective" on 22 May 2025 at the FRPMC auditorium.

Prof. Karim Kammeruddin, Professor of Medicine, Baqai Medical College, highlighted pregnancy-related conditions through case-based discussions. The session was attended by the 4th and final year students, trainees, and faculty from the clinical departments.



An expert panel, including Prof. Rozina Mustafa, Prof. Amber Tufail, Dr. Muhammad Kamran, and Dr. Shoukat Ali, addressed questions from the audience.